

Description:

Mixture of tender shrimp and delectable scallops smothered in a tomato-vegetable sauce enhanced with a delicate blend of herbs and spices. Outstanding flavour! Fully prepared, ready to heat and serve.

Usage Instructions:

Ready to heat and serve in four different ways!

- Defrost for 1-2 hours in cool water or in a refrigerator overnight and boil in the bag for six minutes
- Or drop frozen pouch into boiling water. Heat uncovered for 15 minutes
- Or microwave. Punch a few holes in the pouch, heat on high for 2-4 minutes
- Or thaw and heat in a saucepan on low-medium setting
- Serve over rice or pasta

Packaging: Vacuum pouches; 20 x 1-lb; 4 x 5-lb; other sizes available

Storage: Keep Frozen; -18°C (0°F) or colder

Shelf Life: 12 months

